



Family Coffee Morning



By the end of this session you should...

- **Know** some of the structures and systems in place here at iCAN
- **Be able** to use growth mindset language at home
- **Understand** the idea of mindsets

What's new?

- Pre-accreditation visit!
- Weekly learning blogs
- Community page!
- Blood Drive!

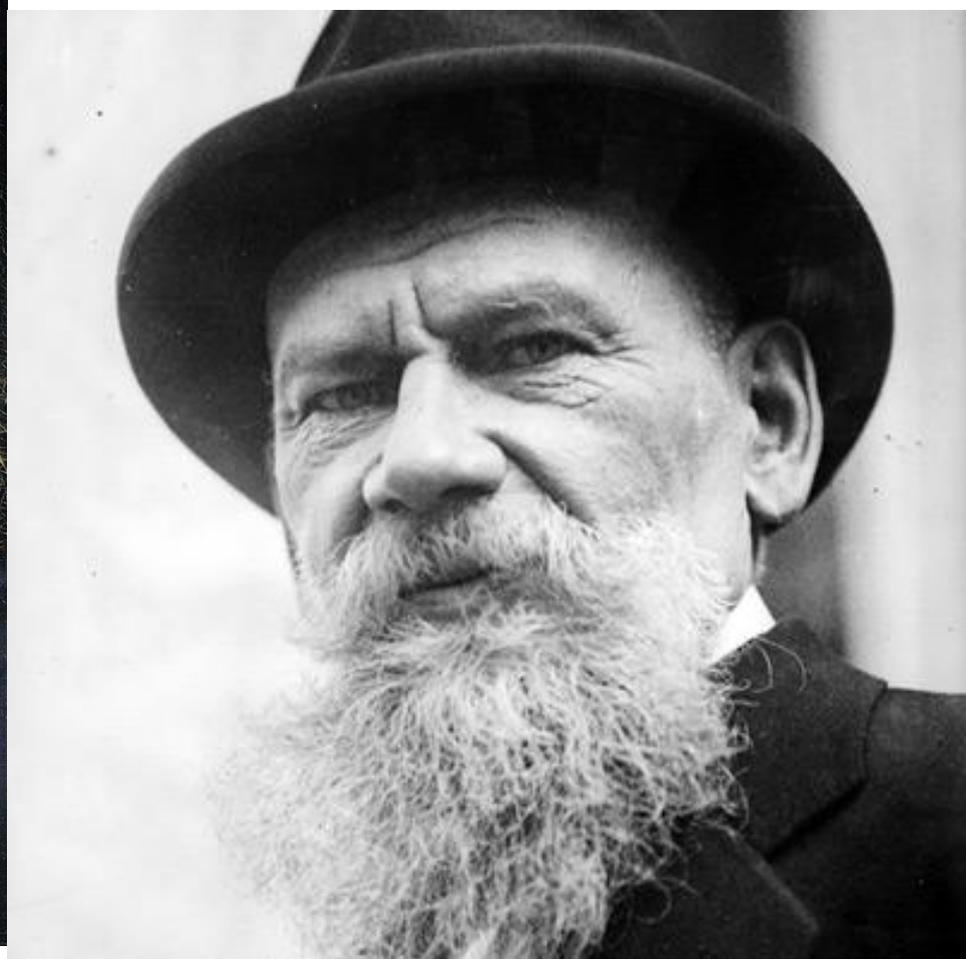
True or False?

- Your intelligence is something very basic about you that you can't change much
- You can learn new things but you can't really change how intelligent you are
- No matter how much intelligence you have, you can always change it quite a bit
- You can always substantially change how intelligent you are



Beethoven

'a hopeless composer'



Tolstoy

'unwilling and unable to learn'



Michael Jordan

'no more talented than others'



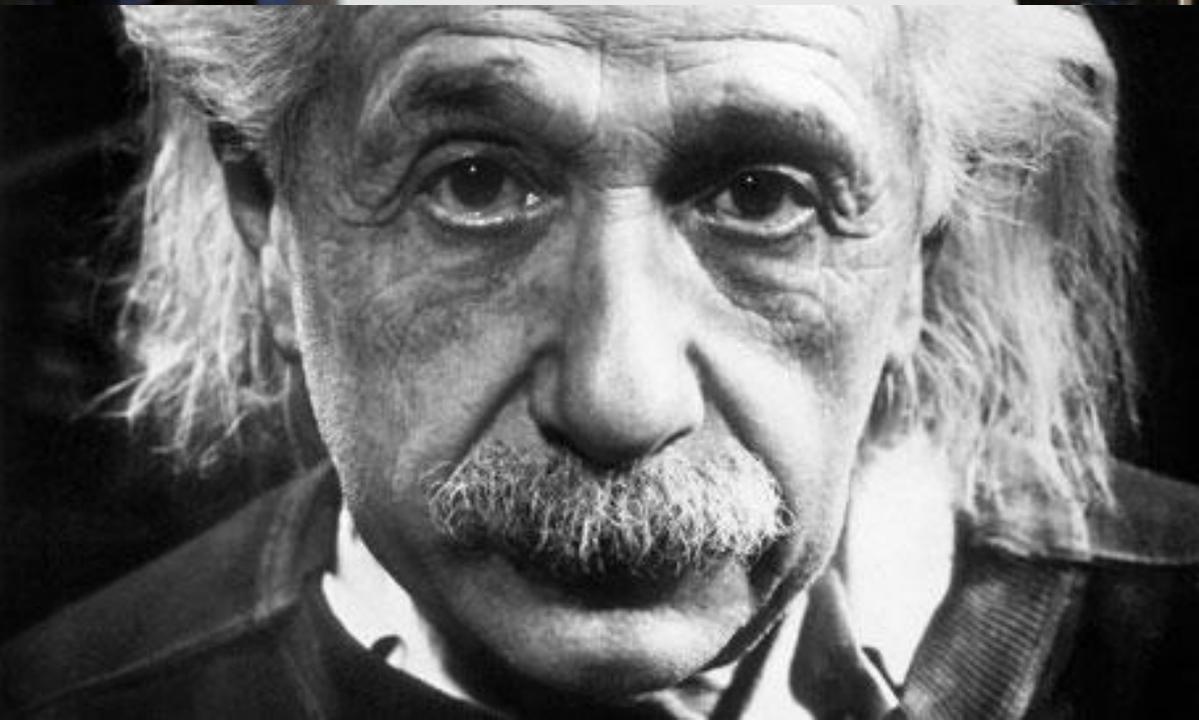
Walt Disney

'lacks creative imagination'



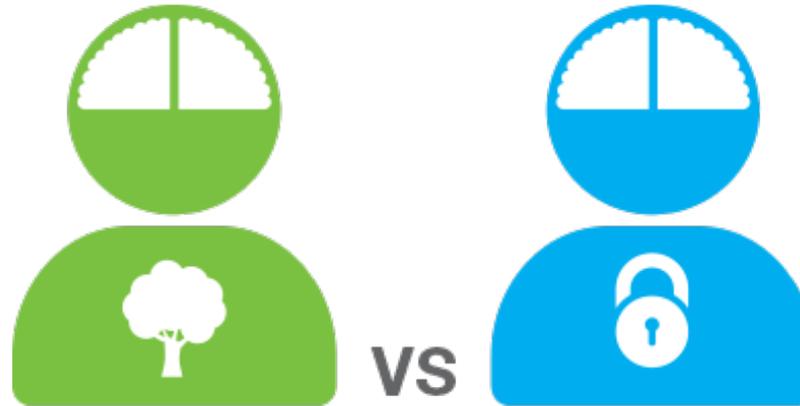
John Gurdon

"..becoming a scientist... quite ridiculous.... no chance.... a sheer waste of time"



Albert Einstein

‘academically subnormal’

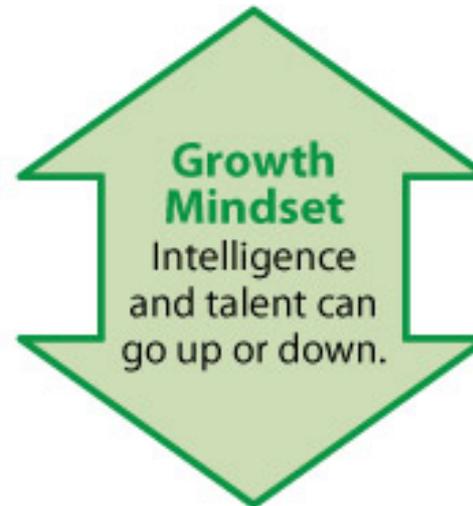


Growth Mindset

Believe that they can learn anything if they put in the work, practice, and effort to learn it.

Fixed Mindset

Think that they cannot increase their skill and knowledge in a particular area.



What is growth mindset?

Mindset is a simple idea discovered by psychologist Carol Dweck in decades of research on achievement and success—a simple idea that makes all the difference. Dr. Dweck realized that there are two mindsets: a fixed mindset and a growth mindset.

In a fixed mindset, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. They spend their time documenting their intelligence or talent instead of developing them. They also believe that talent alone creates success—without effort.

In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point.

This view creates a love of learning and a resilience that is essential for great accomplishment. Virtually all people who achieved top performance had these qualities.

Research shows that people with this view reach higher levels of success than people with fixed mindset beliefs.

So what about you?

Before I thought about mindsets:

I was no good at Maths.

I was a great singer.

I can't drive.

I am rubbish at languages.

I was the best in my class at reading.

Why?

Take a few minutes to jot down areas where you may have a fixed mindset...

Why?

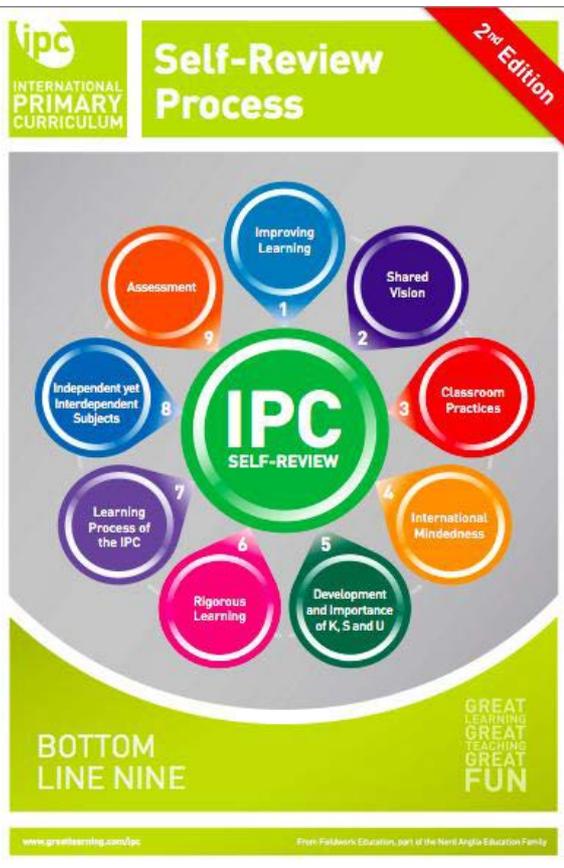
Take the mindset quiz!



Download QR code app on your phone!
This will link you to a mindset website.

- This week we had a pre-accreditation visit!

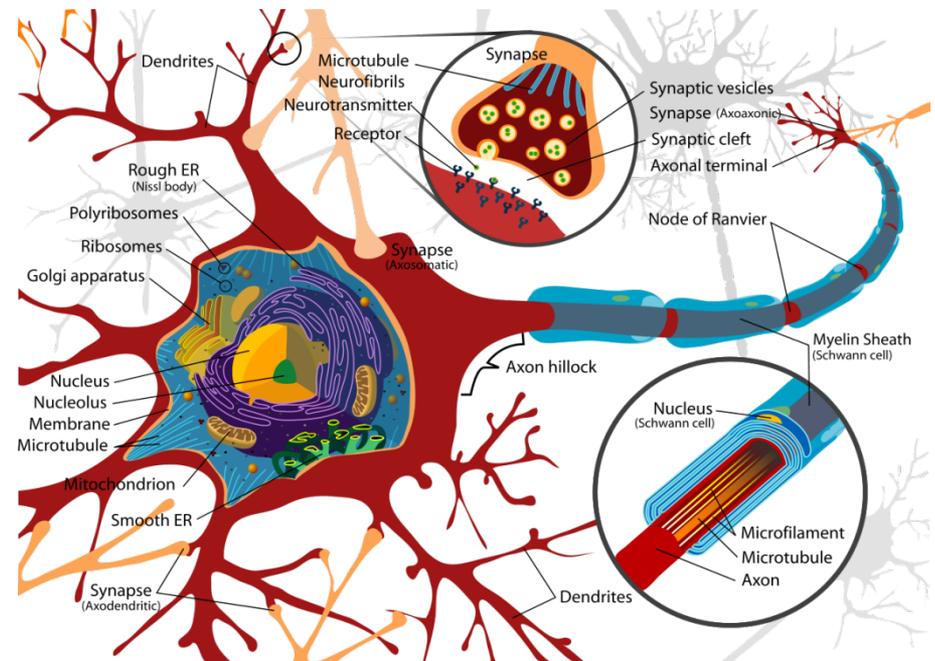
- What's that?!



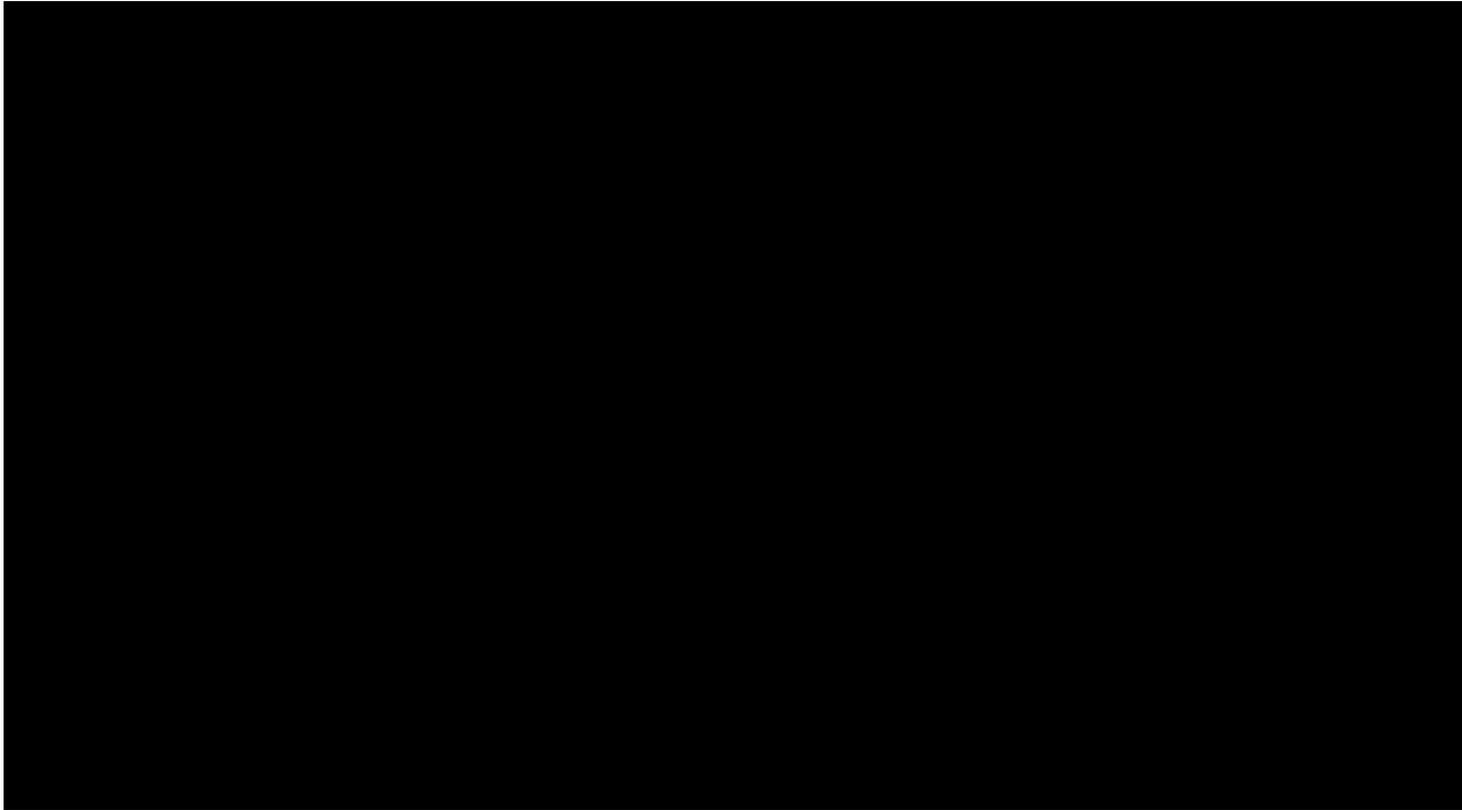
- We have new weekly/fortnightly blogs

- And a new community page!

<https://www.youtube.com/watch?v=EIVUqv0v1EE>



Power of YET



*Who doesn't like giving their child praise?
They're amazing, right?!*

- Praise for effort rather than result/talent
- Encourage a struggle...learning isn't meant to be easy!



Further Reading

- Carol Dweck: Mindset
- Eduardo Briceno
- Visit the community website :)

Next up... Assessment!

- What are our assessment procedures here at iCAN?
- What types of assessment?
- What subjects?
- Why?
- How often?